

## Day 3-LAB Program - Friday 17th Sept 2021



**If demand warrants, a second lab day will be offered on Saturday, Sept 18.**

**Important:** This programme is open to 15 participants who have completed the didactic program. Participants are to wear or bring lab clothing that permits easy palpation of the greater trochanter and lateral femoral epicondyle.

**DESCRIPTION:** Participants will execute 13 postural and lower-extremity musculoskeletal assessment procedures on each other under supervision. During a case presentation featuring a child volunteer with cerebral palsy, participants will execute at least one assessment procedure upon request and will explain the implications of the finding. Participants receive limited on-line access to videos of the assessment procedures, a detailed and illustrated manual, and a set of 4 assessment tools.

**OBJECTIVES:** Participants are expected to demonstrate novice-level skill in the execution of the 13 procedures reviewed in this program, and to be able to explain the clinical relevance of the findings.

### LAB PROGRAM SCHEDULE

Start		Contact Hours
8:30	Sign in / Continental breakfast	
8:45	<b>LAB:</b> Assessment Procedures: Sacral Angle, Sahrman's 2-Joint Flexor Test, Knee Extension, Hamstring Length Test	1.25
10:00	Short Break – 15 minutes	00
10:15	<b>LAB:</b> Assessment Procedures, cont: Ankle DFROM-KE, Limb Length Difference, Pelvic Obliquity, Hip Abduction ROM, Knee Alignment (varum / valgum)	1.75
12:00	Lunch on your own.	00
1:00	<b>LAB:</b> Assessment Procedures, cont: Hip Rotation in Extension - Medial & Lateral, Modified Femoral Torsion Test, Thigh/Foot Angle	2.00
3:00	Short break – set up for case presentation	00
3:15	Case Presentation – Full assessment with an ambulatory child with cerebral palsy. Participants participate. Auditors audit.	2.50
5:45	Exchange course evaluations for certificates of completion & adjourn.	00
	Lab Contact Hours:	7.50