

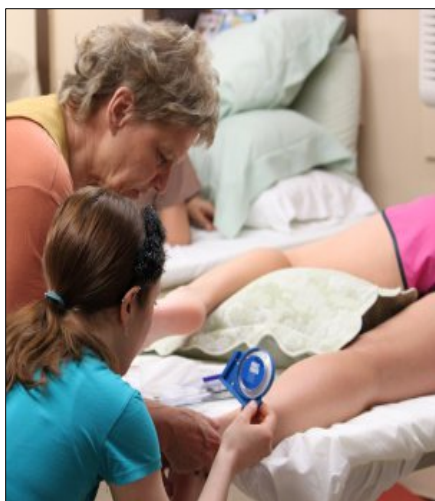
**Developmental Orthopedics Alumni!**  
**Here it is — Part 2!**  
**Lab Sessions on Lower Extremity Assessment**  
**Skills with Clinical Implications**

Facilitator: Beverly Cusick, PT, MS, NDT, COF/BOC  
July 30 or July 31, 2017



**WHO SHOULD ATTEND:** Physical therapists and certified orthotists who have completed Beverly Cusick's didactic program entitled: *Developmental Orthopedics of the Trunk & Lower-Extremity*.

**Enrollment is limited to 18 participants per day.**



❖ **Location:** Spring Valley, NY

❖ **For questions contact:**

[TheraSwimandPlay@gmail.com](mailto:TheraSwimandPlay@gmail.com)

❖ **Register online:** [www.gaitways.com/dolab](http://www.gaitways.com/dolab)

❖ **Collect 7.75 contact hours!**

❖ **Early Tuition (Before July 1): \$295**

❖ **Tuition AFTER JULY 1: \$345**

❖ **GROUP DISCOUNT BEFORE JULY 1 ONLY-** minimum 4 registrants:  
\$275.00 - No group discount after June 30.

*On behalf of Theraswim & Play, Progressive GaitWays is accepting tuition payments and registrations for this course.*

### **PRE-COURSE REQUIREMENTS**

A long history of Cusick course evaluations confirms the value of pre-course review. To facilitate your learning, Beverly Cusick has assigned the 14 assessment procedures listed in the program schedule and demonstrated on the DVD entitled: **Legs & Feet: A Review of Musculoskeletal Assessments**. If you do not already own a copy, you may order one during the registration process and we will ship it to you prior to the course. Course attendee discount price: \$25.00.

You will need a 6-piece Assessment Tool Kit – angle finder, telescoping stick, 2 sizes of goniometer, flexible ruler, and caliper - the tools used to train in and conduct the assessment procedures during and after the course - to participate in the lab. If you do not already own one, you may order one during the registration process, and we will deliver it at the course. Course attendee discount price: \$45.00.

**Dress for Lab** – Please come dressed to undergo LE assessments requiring skin marking and palpation of the greater trochanter and the fibular head.

**LEVEL: Intermediate**

## COURSE DESCRIPTION

Lab participants will execute 14 musculoskeletal assessments on each other under supervision. These participants will complete the program by participating in a live case presentation in which they will be asked at random to execute an assessment procedure, to explain its significance, and to contribute to the building of a prioritized, targeted, management plan.

All participants will receive a detailed manual. Those enrollees who own a 6-piece assessment tool kit will be asked to bring it to the course. Those who do not own one are expected to purchase one at the course (at a discounted price for attendees).

## COURSE OBJECTIVES

Participants completing the lab sessions are expected to be able to:

- Demonstrate novice-level skill in executing 13 postural and lower-extremity musculoskeletal assessment procedures.
- Execute one assessment procedure upon request with the child volunteer, and explain the implications and relevance of the finding.
- Contribute one management strategy idea for the child volunteer.

## COURSE SCHEDULE

Start	Topic/Activity	Contact Hours
8:00	Sign in / Continental breakfast	
8:15	<b>LAB:</b> Assessment Procedures. <i>Participants work in groups of 3:</i> Sacral angle, Sahrman's 2-Joint Flexor Test, Knee flexion/extension, Hamstring length test	1.75
10:00	Short Break – 15 minutes	00
10:15	<b>LAB:</b> Assessment Procedures, continued: Patella Angle, Ankle DFROM–KE and KF, Pelvic obliquity, Hip abduction ROM, Knee alignment (varum / valgum)	1.75
12:00	Lunch on your own.	00
1:00	<b>LAB:</b> Assessment Procedures, continued: Hip rotation in extension, Modified Ryders Test, Thigh/foot angle, limb lengths comparison	1.75
2:45	Short break – set up for case presentation	00
3:00	Case presentation – Full assessment with an ambulatory child with cerebral palsy. Participants participate and contribute ideas to a targeted management plan.	2.50
5:30	Exchange course evaluations for certificates of completion & adjourn	00
	Lab Contact Hours:	7.75

**Cancellation Policy:** ENROLLMENT IN THESE COURSES IS LIMITED AND THE LABS WILL CLOSE AT 18 ATTENDEES.

- If, after enrolling, you cannot attend, you may send another qualified professional clinician in your place who will commit to attending in your stead. However, neither Progressive GaitWays nor Theraswim & Play will be responsible for any financial arrangements, refunds or exchanges between you and your replacement.
- With limited enrollment, if you cancel on or prior to July 1, and cannot find a suitable replacement, Theraswim & Play will retain 50% of your paid tuition. You keep all pre-course materials you have purchased.
- If you cancel after July 1, and cannot find a suitable replacement, we will retain full payment of your paid tuition and terminate your account. You keep all pre-course materials you have purchased.