



TheraTogs Principles & Applications Level I Workshop • One-Day



Learn the scientific principles supporting the use of TheraTogs and gain confidence in applying this exciting modality effectively!

BECOME A CERTIFIED THERATOGS FITTER – LEVEL 1 (CTF-1)

Saturday March 24, 2012 • 8:00 to 4:00

Wild Palms Hotel
910 East Fremont Avenue
Sunnyvale, CA 94087

Saturday April 21, 2012 • 8:00 to 4:00

Hyatt Place Atlanta/Cobb Galleria
2876 Spring Hill Parkway
Smyrna, GA 30080

Registration Fee: \$175⁰⁰ • Limited to 30 Participants • *Wait-listed attendees may audit*

Learn to use *Therapy You Wear* for Neuromotor Retraining for Postural Alignment & Control – With Hands-on Experience!

TheraTogs are a customizable, carry-over modality, worn under clothing, so your clients can live in and practice the successes you see in postural correction during therapy sessions, all day long. TheraTogs orthotic systems are essential to PT's, OT's, and speech pathologists who work with infants and children with developmental disabilities associated with prematurity, hypotonia, Autism spectrum disorders, and traumatic brain injury.

This one-day workshop focuses on gaining understanding of the rationale, and on building skill and confidence in the application of the TheraTogs ULTRA Posture & Torso Alignment (PTA) System – the perfect 'starter system' for your clients!

With the PTA you can address:

Kyphosis / Lordosis

Hypotonia

Shoulder protraction

Excess or diminished pelvic tilt

Body awareness deficits

Scapular instability & winging

Why Become a Certified TheraTogs Fitter?

This is an exciting new program from TheraTogs, Inc. to recognize clinicians who have supplemented their core skills with application-specific TheraTogs training. Clinicians earning their CTF designation will be included in a client referral database, given access to special website resources, and notified in advance of new products, materials, and training opportunities. (For more info, see the TheraTogs website: www.theratogs.com/CTF.)

Clinicians earning this CTF Level 1 (PTA) designation qualify for Levels II and III certifications, which demonstrate competency in extremity and full body TheraTogs applications in support of targeted alignment and training goals.

Earn Valuable CEU's

- ❑ PT CEU credits offered in the states where courses are located
- ❑ OT CEU credits from AOTA (application pending)
- ❑ Orthotist CEU credits from American Board for Certification
- ❑ Course completion certificates to support Speech Pathology CEU applications

Session Topics - Level I

- ❑ **Foundations in the Sciences**
 - Skeletal Modeling Mechanisms
 - The Somatosensory System & Postural Control
 - Muscle Balance Theory Applied to Motor Development, Movement Strategies, and Adaptation
 - Review of Postural Assessment Procedures
 - Videotaped case presentation - TheraTogs at work!
- ❑ **Hands-on Practice (2+ hours)** - Lab teams of three participants practice and demonstrate proficiency in the essential Posture & Torso Alignment applications:
 - Donning garment systems to proper fit
 - Reduce Flexible Kyphosis
 - Shorten and Assist the Abdominal Muscles
 - Improve Upper Trunk Extension with Shoulder Retraction
 - Optimize Pelvic Tilt

Course Objectives

Course objectives include the following (see full course description for complete list):

- Explain skeletal modeling mechanisms and physiology adaptation to use history.
- Relate somatosensory system development to postural control acquisition.
- Relate postural control acquisition to limb use for function.
- Discuss the sequential acquisition of core antigravity muscle function, muscle balance, and the influence of body weight distribution on muscle recruitment.
- Name the principles of motor learning as they relate to CNS maturation, interest in environment, opportunity, practice, and cortical mapping.
- Demonstrate competence in donning TheraTogs Hipster and TankTop to optimize effectiveness.
- Demonstrate competence with 11 strapping applications for improving postural alignment.



INSTRUCTOR: Liesa M. Persaud, PT, DPT, PCS, CKTP is a licensed physical therapist with 16 years experience in the field of adult and pediatric therapy. She received her MPT from the University of Findlay in Findlay, Ohio and her DPT from Rocky Mountain University of Health Professions in Provo, Utah. She is a Credentialed Clinical Instructor and teaches courses in human anatomy and physiology for Tulsa Community College. Ms. Persaud is a Board Certified Clinical Specialist in Pediatric Physical Therapy, a Certified KinesioTaping Practitioner. She brings a wide range of clinical experience, leadership, and teaching experience to this course, and we are glad to have her present this program to you.

TO REGISTER:

Register online: www.gaitways.com/ctf · OR · Fax/mail the attached Registration Form

Certification is limited to 30 participants, so don't delay!

Call (866) 410-8062 for more info.

SPONSOR:

Progressive GaitWays, LLC is committed to the improvement of clinical skills in the management of lower extremity deformities and movement disorders related to neuromotor dysfunction and pathomechanics. For over 14 years we have been providing world-class training and consulting services all over the globe. Our founder and "Chief Training Officer" is Beverly Cusick, PT, MS -- an internationally-recognized instructor and author, and the inventor of TheraTogs.



Posture & Torso Alignment for Pediatric Neuromotor Training: Certified TheraTogs Fitter (CTF) - Level I

**REGISTRATION
FORM**

Fax, email, or mail this completed form with your tuition payment. Each course is limited to 30 attendees on a first-come, first-served basis. The first ten applicants who are wait-listed will be given the opportunity to audit the workshop.

| Sunnyvale, CA Wild Palms Hotel | Smyrna, GA Hyatt Place Atlanta/Cobb Galleria |
|---|---|
| <input type="checkbox"/> Half-Day (PM) Workshop - March 23 rd • \$69.00 <input type="checkbox"/> One-Day Workshop - March 24 th • \$175.00 | <input type="checkbox"/> Half-Day (PM) Workshop - April 20 th • \$69.00 <input type="checkbox"/> One-Day Workshop - April 21 st • \$175.00 |

HAVE YOU USED THERATOGS BEFORE IN YOUR CLINICAL PRACTICE? YES NO

| | |
|---|--|
| C O N T A C T I N F O | Name: _____ PT OT MD Orthotist OTHER |
| | Facility: _____ |
| | Department: _____ |
| | Street: _____ |
| | City, State, Zip: _____ |
| | Phone: _____ Email: _____ |

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| B I L L I N G | <input type="checkbox"/> Same as "CONTACT" address |
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| P Y M E N T | Visa or MC # _____ Exp. Date: _____ Security code: _____ |
| | Signature: _____ OR <input type="checkbox"/> Check # _____ enclosed |

CANCELLATION POLICY: We prefer you send a substitute rather than cancel. Cancellations received 3 weeks prior to the event will receive a 50% refund; cancellations less than 3 weeks prior to the event will receive a 25% refund.

Fax or Email to: (866) 886-7736 • admin@gaitways.com

Or Mail to: PROGRESSIVE GAITWAYS, LLC • 305 Society Drive #C-3 • Telluride CO 81435