



# THERATOGS APPLICATION WORKSHOP • HALF-DAY



**Get hands-on CONFIDENCE with this exciting modality!**

**Take this Workshop to become a**

## **CERTIFIED THERATOGS FITTER (CTF- LEVEL 1)**

**Friday March 23, 2012 • 12:30 to 5:00 pm**

**Wild Palms Hotel**

910 East Fremont Avenue  
Sunnyvale, CA 94087

**Friday • April 20, 2012 • 12:30 to 5:00 pm**

**Hyatt Place Atlanta/Cobb Galleria**

2876 Spring Hill Parkway  
Smyrna, GA 30080

**Registration Fee: \$69<sup>00</sup>** • Limited to 30 Participants • *Wait-listed attendees may audit*

### **Learn to use *Therapy You Wear* for Neuromotor Retraining for Postural Alignment & Control – With Hands-on Experience!**

TheraTogs are a customizable carry-over modality, worn under clothing, so your clients can live in and practice the successes you see in postural correction during therapy sessions, all day long. TheraTogs orthotic systems are essential to PT's, OT's, and speech pathologists who work with infants and children with developmental disabilities associated with prematurity, hypotonia, Autism spectrum disorders, and traumatic brain injury.

*This half-day workshop focuses on building skill and confidence in the application of the TheraTogs ULTRA Posture & Torso Alignment (PTA) System – the perfect 'starter system' for your clients!*

### **Why Become a Certified TheraTogs Fitter?**

This is an exciting new program from TheraTogs, Inc. to recognize clinicians who have supplemented their core skills with application-specific TheraTogs training. Clinicians earning their CTF designation will be included in a client referral database, given access to special website resources, and notified in advance of new products, materials, and training opportunities. (For more info, see the TheraTogs website: [www.theratogs.com/CTF](http://www.theratogs.com/CTF).)

Clinicians earning this CTF Level 1 (PTA) designation qualify for Levels II and III certifications, which demonstrate competency in extremity and full body TheraTogs applications in support of targeted alignment and training goals.

### **Earn Valuable CEU's**

- PT CEU credits offered in the states where courses are located
- OT CEU credits from AOTA (application pending)
- Orthotist CEU credits from American Board for Certification
- Course completion certificates to support Speech Pathology CEU applications

## Hands-on Learning for Indications Seen Daily in YOUR Practice

Attendees will learn typical TheraTogs garment +strapping applications for the management of:

**Kyphosis / Lordosis**                      **Hypotonia**                      **Shoulder protraction**  
**Excess or diminished pelvic tilt**      **Body awareness deficits**      **Scapular instability & winging**

### Session Topics – Level I

- ❑ **Brief introduction** to essential TheraTogs application principles
- ❑ **Hands-on Practice** (2+ hours) – Lab teams of three participants practice and demonstrate proficiency in the essential Posture & Torso Alignment applications:
  - Donning garment systems to proper fit
  - Reduce Flexible Kyphosis
  - Improve Upper Trunk Extension with Shoulder Retraction
  - Shorten and Assist the Abdominal Muscles
  - Optimize Pelvic Tilt

### Course Objectives

Upon successful completion of this course, participants will be able to:

- Name 5 physical/physiological systems that undergo adaptation to a “history of use” – example, skeleton.
- Explain the “gold” in the “Golden Age” of skeletal modeling.
- Describe somatosensory input and relate it to postural control acquisition and maintenance.
- Explain the role of righting reactions in daily function.
- Relate postural alignment to muscle recruitment strategies needed for upright maintenance.
- Discuss the role of practice in sensory-motor learning.
- Demonstrate competence in donning TheraTogs garments – Hipster and Tank Top - to optimize effectiveness.
- Demonstrate competence in the application of 11 strapping applications for improving postural alignment.

### Instructor



**Liesa M. Persaud, PT, DPT, PCS, CKTP** is a licensed physical therapist with 16 years experience in the field of adult and pediatric therapy. She received her MPT from the University of Findlay in Findlay, Ohio and her DPT from Rocky Mountain University of Health Professions in Provo, Utah. She is a Credentialed Clinical Instructor and teaches courses in human anatomy and physiology for Tulsa Community College. Ms. Persaud is a Board Certified Clinical Specialist in Pediatric Physical Therapy, a Certified KinesioTaping Practitioner. She brings a wide range of clinical experience, leadership, and teaching experience to this course, and we are glad to have her present this program to you.

#### TO REGISTER:

Register online: [www.gaitways.com/ctf](http://www.gaitways.com/ctf) · OR · Fax/mail the attached Registration Form

**Certification is limited to 30 participants, so don't delay!**  
Call (866) 410-8062 for more info.

#### SPONSOR:

Progressive GaitWays, LLC is committed to the improvement of clinical skills in the management of lower extremity deformities and movement disorders related to neuromotor dysfunction and pathomechanics. For over 14 years we have been providing world-class training and consulting services all over the globe. Our founder and “Chief Training Officer” is Beverly Cusick, PT, MS -- an internationally-recognized instructor and author, and the inventor of TheraTogs.



## Posture & Torso Alignment for Pediatric Neuromotor Training: Certified TheraTogs Fitter (CTF) - Level I

**REGISTRATION  
FORM**

Fax, email, or mail this completed form with your tuition payment. Each course is limited to 30 attendees on a first-come, first-served basis. The first ten applicants who are wait-listed will be given the opportunity to audit the workshop.

<b>Sunnyvale, CA</b> <b>Wild Palms Hotel</b>	<b>Smyrna, GA</b> <b>Hyatt Place Atlanta/Cobb Galleria</b>
<input type="checkbox"/> Half-Day (PM) Workshop - March 23 <sup>rd</sup> • \$69.00 <input type="checkbox"/> One-Day Workshop - March 24 <sup>th</sup> • \$175.00	<input type="checkbox"/> Half-Day (PM) Workshop - April 20 <sup>th</sup> • \$69.00 <input type="checkbox"/> One-Day Workshop - April 21 <sup>st</sup> • \$175.00

**HAVE YOU USED THERATOGS BEFORE IN YOUR CLINICAL PRACTICE?**    YES    NO

<b>C O N T A C T  I N F O</b>	Name: _____ PT   OT   MD   Orthotist   OTHER
	Facility: _____
	Department: _____
	Street: _____
	City, State, Zip: _____
	Phone: _____ Email: _____

<b>B I L L I N G</b>	<input type="checkbox"/> Same as "CONTACT" address
	Street: _____
	City, State: _____ Zip: _____
	Phone: _____ Email: _____

<b>P Y M E N T</b>	Visa or MC # _____ Exp. Date: _____ Security code: _____
	Signature: _____ <b>OR</b> <input type="checkbox"/> Check # _____ enclosed

**CANCELLATION POLICY:** We prefer you send a substitute rather than cancel. Cancellations received 3 weeks prior to the event will receive a 50% refund; cancellations less than 3 weeks prior to the event will receive a 25% refund.

**Fax or Email to: (866) 886-7736 • [admin@gaitways.com](mailto:admin@gaitways.com)**

**Or Mail to: PROGRESSIVE GAITWAYS, LLC • 305 Society Drive #C-3 • Telluride CO 81435**